

INTRODUCING THE COACHING STAFF

- Head Coach—Steve Watts
- Varsity Assistant—Brett Neiderman
- Junior Varsity—Nate Balzer

CAPTAINS

- Ray Gans (Senior)
- Zak Leedom (Senior)

COMMUNICATION

Google Groups page for Coffman Boys Soccer

- Use to send email announcements out to entire program
- **This is our primary communication tool—please register ASAP**
- Go to <http://groups.google.com/group/dublin-coffman-boys-soccer?hl=en>.
- You will need to create a Google account, and then send a request for membership.

Coffman Boys Soccer Webpage

- www.rocksmenssoccer.com
- Rosters, game schedules photos from each game. Important documents and announcements posted.

IMPORTANT PRE-SEASON DATES

- June 20—1st Open Field
- Open Fields every Tue. & Thur. 5-7PM
- Conditioning every Mon. & Wed. 10-11AM
- June 28—Booster Meeting. All pre-season fees & paperwork due
- July 19 to July 22—Training Camp. For all players. 8-10AM and 5-7PM each day.

WHAT HAPPENS AT AN OPEN FIELD?

- Held at Coffman HS, in the stadium or on the practice fields
- Similar concept to open-gym in basketball
- Split into teams for some small-sided games, then play some 11v11
- Captains run the Open-Field sessions
- What to bring & what to wear is explained in the Handbook

WHAT HAPPENS AT THE CONDITIONING SESSIONS?

- Meet at the stadium/track at Coffman
- Sprint-work, plyometrics, endurance, and soccer-specific strength training; always end with a team fitness challenge
- Sessions run by Coach Steve
- What to bring & what to wear is explained in the Handbook

PRE-SEASON TOURNAMENTS

- All players should attend two of the following:
 - July 16 & 17 COSA Scrimmages (Westerville)
 - For all players (we will take 3 teams)
 - July 29 & 30 Dublin Invitational (new)
 - Varsity only (we will take 1 team)
 - July 30 & 31 Northmont Invitational (Dayton)
 - For all players not attending Dublin Invitational
 - We will take 2 teams

PRE-SEASON FEES

- \$50 per player covers cost of
 - 2 pre-season tournaments
 - 2 pre-season team t-shirts (a green & a white) used as our jersey for the tournaments
 - If only attending 1 tournament, cost is \$30
- Fees due at June 28 Booster Meeting

TRYOUT SCHEDULE

- Mon. 8/1
 - 7 to 9AM: Fitness Testing (mile, dribbling, shuttle)
 - 5 to 7PM: Small sided games
- Tue. 8/2
 - 7 to 9AM: Fitness Testing (Cooper, 50m, agility)
 - 5 to 7PM: Large sided games
- Wed. 8/3
 - Scrimmage v. Westerville South
- Thur. 8/4
 - 10AM: Evaluations
 - 3:30-5:00: First practice for each team

HOW WILL YOU BE EVALUATED?

- The summer events are a way for you to make a GREAT first impression on the coaches
- Fitness Testing—6 minute mile & Cooper Test
- Physical abilities—can you handle the physical demands of varsity soccer?
 - Varsity soccer = U-18 club soccer
- Technical skill—emphasis on 1 & 2 touch
- Tactical understanding—versatility
- Attitude & work ethic & coachability—lacking in any of these areas is a way to eliminate yourself from consideration by the coaches

2011 GAME SCHEDULE

- Schedule is NO JOKE, once again
 - Play all 4 District Champions from last year
 - Div. III State Runner-up
 - Shoot for the Cure Sept. 15 at Dublin Jerome
 - Sept. 24 game in Crew Stadium vs.
Westerville North



Dublin Coffman Boys Soccer Program Philosophy

Every decision made and action taken by the coaches, players, and Booster Organization of the Dublin Coffman Boys Soccer program will be motivated by two concurrent, overarching goals:

- 1) Will the decision/action take us a step closer to winning a State Championship?
- 2) Is the decision/action in the best interest of the long-term health of the program?

TEAM GOALS

- OCC Conference Champions
 - Hilliard Davidson, Thomas Worthington, Upper Arlington, Worthington Kilbourne, Hilliard Darby, Central Crossing, Westland
- District Champions
 - 4 from Central Ohio
- Regional Champions
 - 1 from Central Ohio
- State Champions

HOW HAVE WE DONE ACHIEVING THOSE GOALS?

- OCC Titles?
 - None since 2006
- District Titles?
 - Last was 2008
 - 3 Tournament wins the past 2 seasons combined
- Regional Titles
 - 0 in team history
- State Titles
 - 0 in team history

WHY HAVE WE STRUGGLED RECENTLY?

- Coaches not pushing / challenging players enough?
- Not buying into common vision?
- Too much emphasis on individual success / stats / playing time?
- Lack of trust in the coaches and in each other?
- Lack of team unity?
- ALL OF THE ABOVE!!

ensemble **R** saam **O** zusammen **C** d'accordo **K** bersama **S** razem

TOGETHER

xuntos

S O C C E R

juntos

sammen

cung nhau

birlikte

pamoja

tillsammans

impreuna

spolecne

juntamente

IF YOU ARE PLAYING...

- to land a college scholarship or get noticed by college coaches
- to achieve individual honors (all-OCC, all-District, All-Ohio)
- to pad your personal stats
- to fulfill your ego
- to get your name in the newspaper
- because mom/dad or friends want you to

YOU ARE PLAYING FOR THE WRONG REASON!

HOW IS HIGH SCHOOL SOCCER DIFFERENT FROM CLUB SOCCER?

In club soccer...

- If you don't like your teammates / coach / role on the team, you leave for a new team
- You might be surrounded by the best players in your age group
- You play to get noticed by college coaches at showcases, etc.
- You see your teammates at training or games, and that's it

In high school soccer...

- You're probably here for 4 years
- "You've gotta dance with the one you brought"
- A college coach will probably never see you play a high school game
- **You spend an entire school day with your teammates, live in the same community, hang out together, and attend training & games with them**

**AS PART OF YOUR HIGH SCHOOL'S TEAM,
THAT'S WHY THE ELEMENTS OF TEAM UNITY,
HAVING A COMMON VISION, TRUSTING EACH
OTHER, AND STICKING TOGETHER
NO MATTER WHAT ARE CRUCIAL IN THE
TEAM'S SUCCESS OR FAILURE.**

**THESE ARE THE AREAS WE HAVE STRUGGLED
MOST IN RECENTLY.**

HOW IS HIGH SCHOOL SOCCER DIFFERENT FROM CLUB SOCCER?

**I WANT YOU TO VIEW PLAYING FOR DUBLIN
COFFMAN HIGH SCHOOL VERSUS YOUR CLUB
TEAM THE WAY PROFESSIONAL PLAYERS
VIEW PLAYING FOR THEIR NATIONAL TEAM
VERSUS PLAYING FOR THEIR CLUB**

**THIS ABOUT THE PRIDE & GLORY OF YOUR
SCHOOL'S SOCCER TRADITION**

**THIS IS ABOUT BEING A PART OF SOMETHING
GREATER THAN YOURSELF**

Ubuntu

- Bantu (South African) concept of people's interconnectedness & loyalty to each other
- "I am what I am because of who we all are." — Liberian peace activist Leymah Gbowee



YOU ARE A PIECE OF THE PUZZLE

- A person with Ubuntu is open and available to others, affirming of others, does not feel threatened that others are able and good, for he or she has a proper self-assurance that comes from knowing that he or she belongs in a greater whole, and is diminished when others are humiliated or diminished'

– Archbishop Desmond Tutu



FIND YOUR ROLE & EMBRACE IT

- Ubuntu does not mean that people should not enrich themselves. The question therefore is: Are you going to do so in order to enable the community around you to be able to improve?
– Nelson Mandela

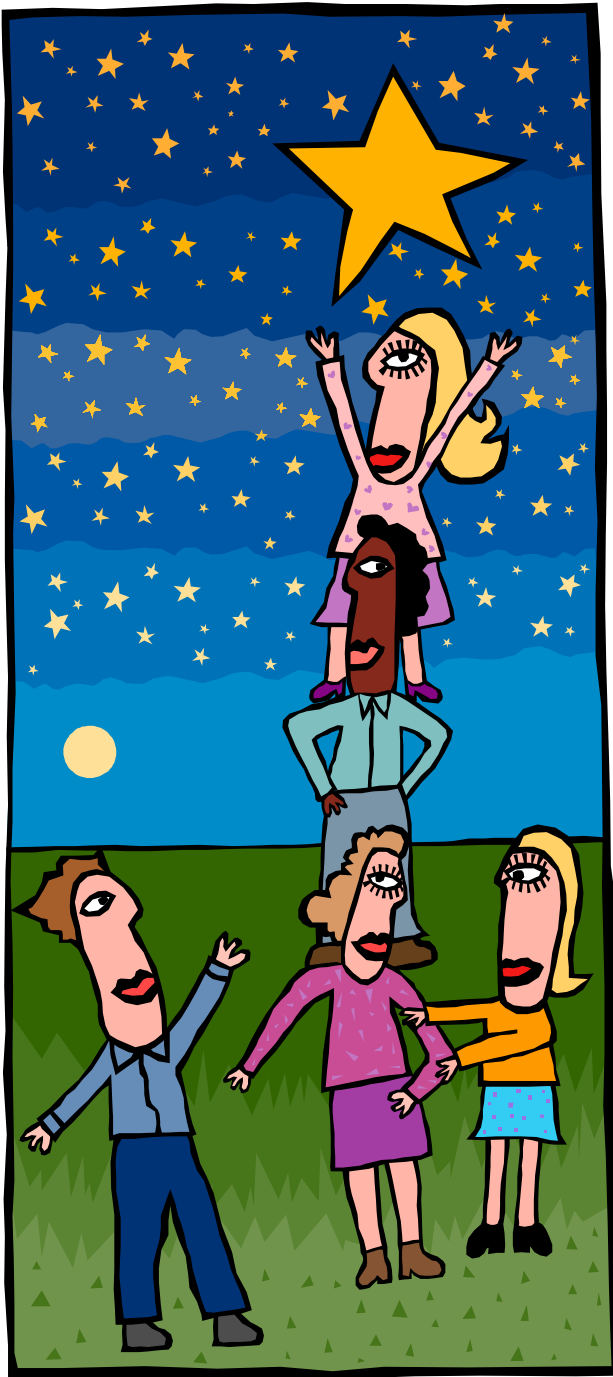


GET ALONG WITH YOUR TEAMMATES



THERE IS ONE VISION— GET ON THE BOAT





**WE CAN
ONLY BE
GREAT
TOGETHER**

**INDIVIDUAL
SUCCESS
ONLY COMES
FROM TEAM
SUCCESS**



What should you be doing between now & June 20?

- **GRADES**—take care of your work in the classroom
- **PLAY**—work to improve yourself in your club season
- **FITNESS**—arrive June 20 IN SHAPE.
 - Use the Stanford Soccer Fitness guide to help you create an off-season workout program

